

2020-2021
OCIAA Boys Swimming & Diving
(COVID - 19 Season)

~WEEKLY REQUIRED DIVE LIST~

Dates and groups to be adjusted a week prior to state of season

Jan 4th MHAUL starts practices / Jan 19th OCIAA starts practices

Week # 1 Jan 18 – Jan 24	Group 100 Forward
Week # 2 Jan 25 – Jan 31	Group 100 Forward
Week # 3 Feb 1 - Feb 7	Group 200 Back
Week # 4 Feb 8 – Feb 14	Group 400 Inward
Week # 5 Feb 15 – Feb 21	Group 5000 Twist
Week # 6 Feb 22 – Feb 28	Group 300 Reverse
Week # 7 Mar 1 – Mar 7 (season ends 3/1)	Group 100 Forward