

Jewelry and Attire:

Prior to the meet, the coach shall verify with the referee that all competitors are not wearing jewelry, are legally attired and are aware of the sportsmanship rule. The coach should also indicate any medical problems/taping and produce written documentation.

Attire for Swimmers and Divers::

- must be a one piece suit
- decent and covering buttocks and breasts of girls, and buttocks of boys
- suit and caps (outside cap must be legal) may display name and/or number of the competitor and school and mascot
- a single, visible manufacturers logo/trademark/ reference, no more than 2.25" square on each item (suit and cap)
- one American flag, not to exceed 2" x 3" (measurements made when item is not being worn)
- no jewelry
- medical alerts taped to body and can be visible
- religious medals must be taped to body and not visible
- braces and hard casts must have prior state approval
- adhesives (spray) are not allowed
- may have body painting (but not in Section I) providing referee does not find it offensive
- may have a commemorative patch, not to exceed 4 square inches without state approval
- restrictions limit manufacturer/advertising logo, not school logo
- suits/ caps can not be covered with magic marker to make them legal.

Attire for Swimmers (Divers are excluded from the following restrictions):

- one suit constructed of woven/ knit textile material
- suit shall be permeable (100% to air and water) except one post-construction, impermeable school name and / or logo, not to exceed 9" square
- suit shall not be made or altered to aid buoyancy
- suit shall have no zippers or fastening system other than waist tie for brief or jammers
- the style/ shape of the suit for males shall not extend above the waist nor below the top of the kneecap and for females, shall not extend beyond the shoulders nor below the top of the kneecap nor cover the neck
- tape may be used by a swimmer to treat a documented medical condition – the referee must be presented with signed documentation from an appropriate health-care professional

Note:

Divers may wear tape and wraps for support without documentation. Kinesio tape is legal.

Jewelry is not permitted during any event including warm-ups. If a competitor is found to be wearing jewelry while in the water during warm-ups, the competitor's coach should be instructed to tell the competitor to remove any and all jewelry. This does not constitute a warning.

If a diver, before assuming a starting position, is wearing jewelry, the jewelry must be removed before the diver is permitted to dive. This does not constitute a warning. If jewelry is observed, once a starting position is assumed, through the completion of the dive, that diver must be given a warning and not allowed to continue until the jewelry is removed. On subsequent jewelry infractions, the diver is to be given a failed dive.

If a swimmer is observed wearing jewelry before the whistle calling for the swimmers to step-up, the swimmer should be told to remove the jewelry and not be permitted to swim the event until the jewelry is removed. This does not constitute a warning. If jewelry is observed after the swimmers have been called up, through the completion of the event, nothing is said. At the completion of the heat, the swimmer must be given a warning and not be allowed to continue with the meet until the jewelry is removed. On subsequent jewelry infractions, the swimmer is to be disqualified from the event.

If the 2nd, 3rd or 4th swimmer in a relay is observed wearing jewelry, before they step-up, they should be told to remove the jewelry with no penalty assessed. Once the swimmer wearing jewelry steps-up for his/her leg, nothing should be said until the race is over. At the completion of the heat, the swimmer must be given a warning and not be allowed to continue with the meet until the jewelry is removed. On subsequent jewelry infractions, the swimmer is to be disqualified from the event.

