

**Section IX 2017 Boys' Swimming & Diving Championships
Hosted at Valley Central High School**

Thursday, February 16, 2017 (Swimming Prelims) - snow date is Friday, Feb. 17, 2017

Doors Open:		2:00 pm
Warm Up:	Circle Swim, all lanes	2:30 pm – 3:50 pm
	Lanes 1, 5, 8 Remain Circle Swim	3:50 – 4:20
	Lanes 2, 3, 4 Relay Take offs	
	Lanes 6 & 7 One way sprints	
Pool Cleared:		4:20pm
Coaches Meeting:		4:20 pm
Start:		4:30 pm

Friday, February 17, 2017 (Diving Prelims, Semi-finals, Finals) – snow date Saturday 18th Feb. 19, 2017

Doors Open:	1:30 pm	warm up 9:30am start
Warm Up:	2:00 pm	
Boards Close:	3:50 pm	
Coaches Meeting:	3:50 pm	
Start:	4:00 pm	

Saturday, February 18, 2017 (Finals) – snow date is Sunday, Feb. 19, 2017 Noon Warm up

Swimmers Warm up:	Circle Swim, all lanes	10:00 am – 11:20 am
	Lanes 1, 5, 8 Remain Circle Swim	11:20 am – 11:50 am
	Lanes 2, 3, 4 Relay Take offs	
	Lanes 6 & 7 One way sprints	
Pool Cleared:		11:50 am
Coaches Meeting:		11:45 am
Start:		12:00 pm (noon)

Coaches:

- If you plan on warming up at your own facility, please notify Scott Warner of when you plan to arrive at the pool for the competition.
- Discuss with your team that Valley Central will not be held responsible for any lost or stolen items, bring a lock and lock it up.